

# Teenage Christian Camp Health Form

The health form is kept confidential and used by our health services staff (or emergency medical personnel). **Every camper needs a completed health form to participate in any summer camp programs.**

## SECTION I – BASIC CONTACT INFORMATION

Camper Name \_\_\_\_\_

LAST

FIRST

MIDDLE

Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender Male Female

Home Address \_\_\_\_\_

STREET

CITY

STATE

ZIP

Parent/Guardian #1

Name \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Parent/Guardian #2

Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Home

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Additional Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Family Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

## SECTION II – INSURANCE INFORMATION

Insurance Carrier \_\_\_\_\_

Group # \_\_\_\_\_ Policy # \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_ Relationship to participant \_\_\_\_\_

## SECTION III – MEDICATIONS

Will camper be taking medications while at camp? **Yes No** (*Medications include prescription, over-the-counter, vitamins, inhalers, etc.*)

*If camper will be taking medications while at camp, it is Tennessee state law to secure your consent for medication distribution and for the use of medical devices. Please list all (prescription and non-prescription). Include the medication name, prescribing physician, physicians' phone number, and the dosage instructions. Use an additional sheet if needed. When you check-in at camp, please provide all medications (in their original packaging that identifies the prescribing physician (if prescription drug), the name of the medication, the dosage, and frequency of administration. Medications for life-threatening conditions (i.e. bee sting kits, inhalers) should be carried by the camper, however, medical personnel should be notified when medication administration is required.*

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what times \_\_\_\_\_

Reason for Taking \_\_\_\_\_

Prescribing Physician \_\_\_\_\_ Phone \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what times \_\_\_\_\_

Reason for Taking \_\_\_\_\_

Prescribing Physician \_\_\_\_\_ Phone \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Take at what times \_\_\_\_\_

Reason for Taking \_\_\_\_\_

Prescribing Physician \_\_\_\_\_ Phone \_\_\_\_\_

I, \_\_\_\_\_, the parent or guardian of \_\_\_\_\_  
authorize Teenage Christian Camp to administer the following over the counter medications as needed for  
minor symptoms: (Please circle)

Benadryl      Tylenol      Ibuprophen      Pepto Bismol      Tums  
Pseudoephedrine      Claritin      Loratadine

Please list any over the counter medications that should not be administered to the above named camper:

#### SECTION IV – ALLERGIES

\_\_\_\_\_ Camper does not have any allergies  
\_\_\_\_\_ Camper is allergic to:  
Please list allergy. Describe reaction and treatment

#### SECTION V – IMMUNIZATIONS

\_\_\_\_\_ Camper is up to date on immunizations

#### SECTION VI – HEALTH HISTORY

*Please know that we value your privacy. Health History information is available only to the camp health staff.*

Does the camper have a history of or is prone to any of the following (Please check all that apply).

- |  |                                       |                       |
|--|---------------------------------------|-----------------------|
| 1. Recent injury or illness            | 10. Hypertension                      | 21. Fractures         |
| 2. Chronic or recurring illness        | 11. Bleeding/Clotting Disorders       | 22. Migraines         |
| 3. Asthma                              | 12. Diabetes                          | 23. Head Injury       |
| 4. Homesickness                        | 13. Mononucleosis (in last 12 months) | 24. Eating Disorder   |
| 5. Frequent Ear Infections             | 14. Chicken Pox                       | 25. Stomachaches      |
| 6. Seizure Disorder or Convulsions     | 15. Measles                           | 26. Glasses/ contacts |
| 7. Dizziness during or after exercise  | 16. German Measles                    |                       |
| 8. Chest pain during or after exercise | 17. Mumps                             |                       |
| 9. Heart Defect/Disease                | 18. Tuberculosis                      |                       |
|  | 19. Hepatitis                         |                       |
|  | 20. Joint problems (knees, ankles)    |                       |

Please list the number and provide explanation for any checked items

#### SECTION VII – AUTHORIZATION

My child has permission to engage in all prescribed camp activities except as noted. The information provided on this form is accurate to the best of my knowledge. I have indicated any special health conditions, including required medication and activity limitations which should be known to the camp staff and medical personnel. I am aware of and accept the risk inherent in the program activity. I give consent in advance for medical treatment at an appropriate facility in case of illness or injury.

Signature of Parent or Guardian X \_\_\_\_\_ Date \_\_\_\_\_